



Icahn
School of
Medicine at
Mount
Sinai

21st Annual Mid-Atlantic Hospital Medicine Symposium Essentials of Hospital Medicine

Friday, October 23, 2026

Highlights

Apply the ACC/AHA guidelines to your patients with Acute Coronary Syndrome

Case-based approach to master titration of opioid analgesics and use of adjunctive medications for patients with pain

Incorporate key changes to Pulmonary Embolism management using the 2026 ACC/AHA/SHM PE guideline

Cutting edge advances for patients with Acute GI Bleed, Acute Pancreatitis and Hepatorenal Syndrome

Update in Hospital Medicine summarizes the most important studies and evidence from the past year



Leon and Norma Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd floor

1470 Madison Avenue
(Between 101st and 102nd Streets)
New York, NY

An SHM-affiliated Meeting



In collaboration with



<https://mssm.cloud-cme.com/26HM>

Provided by

Department of Medicine, Icahn School of Medicine at Mount Sinai



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Faculty Disclosure

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Program Objectives

At the conclusion of this CME activity, the participant should be able to:

- Use authoritative guidelines and best evidence for the management of patients with acute coronary syndrome
- Apply 2026 ACC/AHA/SHM PE guideline to risk stratify and treat patients with acute pulmonary embolism
- Decrease number for days on IV antibiotics for patients with bacteremia to facilitate earlier discharge
- Initiate and titrate opioid analgesics for opioid naïve patients and patients on chronic opioids who present with severe pain
- Apply a structured approach to the evaluation and correction of hyponatremia and hypernatremia

Who Should Attend?

Cardiovascular Disease, Critical Care Medicine, Gastroenterology, Hospital Medicine, Infectious Diseases, Nephrology, Neurology, Pain Medicine, Palliative Medicine, Pulmonary Disease

Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Verification of Attendance

Will be provided to all professionals.

Course Location

All sessions will be held at The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor 1470 Madison Avenue (Between 101st & 102nd Street) New York, NY 10029

Directions and Parking

Go to www.ica hn.mssm.edu/about/visiting The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

Special Needs

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Come for a day of updates on the essentials of Hospital Medicine and comraderie with colleagues from around the country! Our Hospital Medicine conference provides the key content you need to expand your expertise in the most vibrant manner possible.

Our keynote speaker, Vice Chair for Quality and Safety in the Department of Hospital Medicine at Ochsner Medical Center Megan Brooks will describe how patients with bacteremia can receive less IV antibiotics to facilitate a prompt and safe discharge.

The Update in Hospital Medicine session will review the studies over the past year that have led to changes in management strategies. Other sessions will focus on recent guideline updates on the Management of Pulmonary Embolism, the ACC/AHA guideline on Acute Coronary Syndrome, Surviving Sepsis 2026, GI Bleeding, Hepatorenal Syndrome and much more on the core conditions in Hospital Medicine!



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AGENDA

7:30 – 8:00 AM REGISTRATION AND BREAKFAST

8:00 – 8:15 Welcome **Andrew S. Dunn, MD, MPH, SFHM, MACP**

8:15 – 9:00 Can I Go Home Yet: Limiting Antibiotics to Facilitate Discharge **Megan Brooks, MD, MPH, SFHM, FACP**

RAPID CLINICAL UPDATES I

9:00 - 9:20 Pancreatitis **Nicholas Hoerter, MD**

9:20 - 9:40 Acute GIB **Yuying Luo, MD**

9:40 - 10:00 Hyponatremia/Hypernatremia: Getting Correction Correct **Karin El Hachem, MD**

10:00 - 10:15 Panel Q&A

10:15 – 10:30 Break

10:30 - 11:15 Case Studies in Pain Management **Eugene Choi, MD**

11:15 - 12:00 PM Sepsis – Surviving Sepsis 2026 Update **Ariel Elyahu, MD**

12:00 – 1:00 Lunch

1:00 – 2:00 Update in Hospital Medicine **Brian A. Markoff, MD, SFHM, FACP**

2:00 – 2:45 Difficult Conversations: GOC and More **Robert M. Arnold, MD**

2:45 – 3:30 Update in PE: 2026 ACC/AHA/SHM Guideline **Andrew S. Dunn, MD, MPH, SFHM, MACP**

3:30 - 3:45 Break

RAPID CLINICAL UPDATES II

3:45 - 4:05 Hepatorenal syndrome **Tonia Kim, MD**

4:05 - 4:25 Acute Coronary Syndrome: ACC/AHA Guideline Update **Joseph Sweeny, MD**

4:25–4:45 Transfusion Tips **Hannah Levavi, MD**

4:45-5:00 Panel Q&A

5:00 PM Adjournment



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Online Registration:

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REGISTRATION FEES

Physicians \$200

Allied Health Professionals \$150

Residents, Fellows \$75

Mount Sinai Health System (MSHS) Physicians \$175

Mount Sinai Health System (MSHS) Allied Health Professionals \$75

Mount Sinai Health System (MSHS) Residents, Fellows *Complimentary

**Mount Sinai Health System (MSHS) Residents and Fellows must email: cme@mssm.edu with a copy of their Hospital ID or letter from their program director for a complimentary code to use during the online registration.*

Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by October 2, 2026. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.



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